

# DESAFIOIA 2019

## - GENERAL 21KM -

24 MARZO 2019

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	META	DIF 1º	RITMO
1	1	260	MESQUITA , PAULO	MALE	SENIOR-M	EDV VIANATRIL	02:09:19.003		06:10 min/Km
2	2	259	MATA MARTÍNEZ , ROBERTO	MALE	SENIOR-M	EDV VIANATRIL	02:09:29.523	+00:00:10.520	06:10 min/Km
3	3	331	SABORIDO SOÑORA , SAMUELS	MALE	SENIOR-M	TRIBU TRAIL	02:14:19.203	+00:05:00.200	06:24 min/Km
4	4	139	CALVO CES , ARMANDO	MALE	SENIOR-M	TRIBU TRAIL	02:14:19.423	+00:05:00.420	06:24 min/Km
5	5	146	CARMONA ARAUJO , MIGUEL ANGEL	MALE	SENIOR-M	LODEIROS TRAIL	02:16:38.553	+00:07:19.550	06:31 min/Km
6	6	211	GONZALEZ , ALEX	MALE	SENIOR-M	XESTEIRAS	02:19:17.533	+00:09:58.530	06:38 min/Km
7	7	281	PASCUAL FIDALGO , MARCOS ANTONIO	MALE	SENIOR-M	CASTRO-TRAIL	02:20:16.913	+00:10:57.910	06:41 min/Km
8	8	144	CARBALLO POSE , LUIS	MALE	SENIOR-M	ATLETISMO MACEDA	02:22:28.423	+00:13:09.420	06:48 min/Km
9	9	303	PIMENTEL GIRÁLDEZ , IVÁN	MALE	SENIOR-M	CORNELIOS MARQUES DE VIZHOJA	02:23:20.033	+00:14:01.030	06:50 min/Km
10	10	242	LOSADA CONDE , FEDERICO	MALE	SENIOR-M	CASTRO TRAIL	02:23:24.593	+00:14:05.590	06:50 min/Km
11	11	184	FERNANDEZ CARRERA , MARCOS	MALE	SENIOR-M	A CANUDA	02:23:37.443	+00:14:18.440	06:51 min/Km
12	12	195	FONTÁN ARNEJO , JOSE MARTÍN	MALE	SENIOR-M	GMTA&CHUVONERS	02:24:33.203	+00:15:14.200	06:54 min/Km
13	13	134	BOUZO SIMEON , SANTIAGO	MALE	SENIOR-M	LODEIROS	02:24:47.613	+00:15:28.610	06:54 min/Km
14	14	227	IGLESIAS COVELO , JOSÉ MANUEL	MALE	SENIOR-M	TRINORTH	02:25:20.383	+00:16:01.380	06:56 min/Km
15	15	108	ALONSO SAYAR , DANIEL	MALE	SENIOR-M	C.A.R. MARISQUEIRO	02:26:48.673	+00:17:29.670	06:60 min/Km
16	16	283	PAZ PARDO , DANIEL	MALE	SENIOR-M	TRIBU TRAIL	02:27:45.963	+00:18:26.960	07:03 min/Km
17	17	213	GONZALEZ DOMÍNGUEZ , JOSÉ DANIEL	MALE	SENIOR-M	EDV VIANATRIL	02:28:26.673	+00:19:07.670	07:05 min/Km
18	18	357	VELOSO , TELMO	MALE	SENIOR-M	EDV VIANA TRAIL	02:29:03.953	+00:19:44.950	07:06 min/Km
19	1	173	DORADO VIEITEZ , MIGUEL	MALE	VET-M	TRINORTH	02:29:22.053	+00:20:03.050	07:07 min/Km
20	19	249	MANEIRO FREIRE , VICTOR	MALE	SENIOR-M	TRIBU TRAIL	02:29:48.143	+00:20:29.140	07:09 min/Km
21	20	282	PATIÑO VILAS , DAVID	MALE	SENIOR-M	A CANUDA	02:30:57.643	+00:21:38.640	07:12 min/Km
22	2	232	LAGO GRAÑA , ROBERTO	MALE	VET-M	LODEIROS TRAIL	02:31:02.363	+00:21:43.360	07:12 min/Km
23	21	117	ALVAREZ PÉREZ , ANGEL	MALE	SENIOR-M	CORNELIOS MARQUES DE VIZHOJA	02:31:05.583	+00:21:46.580	07:12 min/Km
24	22	247	MALHEIRO , ELOI	MALE	SENIOR-M	EDV VIANATRIL	02:32:42.853	+00:23:23.850	07:17 min/Km
25	23	318	RODRIGUEZ DIAZ , ADRIAN	MALE	SENIOR-M	GTMA & CHUVONERS	02:34:13.983	+00:24:54.980	07:21 min/Km
26	3	332	SALGADO , CASTOR	MALE	VET-M	GMTA&CHUVONERS	02:35:21.813	+00:26:02.810	07:24 min/Km
27	24	261	MIGUEZ ÁLVAREZ , DIEGO	MALE	SENIOR-M	CAZAFANTASMAS TEAM	02:35:25.733	+00:26:06.730	07:25 min/Km
28	25	321	RODRIGUEZ GONZALEZ , DAMIAN	MALE	SENIOR-M	AS LEBRES DE OIA	02:35:43.853	+00:26:24.850	07:25 min/Km
29	4	187	FERNANDEZ GARCIA , JOSE MANUEL	MALE	VET-M	CDM VERTICE	02:36:35.553	+00:27:16.550	07:28 min/Km
30	26	169	DOMINGUEZ CRESPO , DIEGO	MALE	SENIOR-M	CORNELIOS	02:37:28.253	+00:28:09.250	07:30 min/Km

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31	27	193	FERNANDEZ. VILARCHAO , JULIO	MALE	SENIOR-M	RUNNING SPORT TRAIL	02:38:07.863	+00:28:48.860	07:32 min/Km
32	28	220	GONZÁLEZ POSADA , DANIEL	MALE	SENIOR-M	CAMINHANTES DO CONDADO	02:38:11.393	+00:28:52.390	07:32 min/Km
33	5	324	RODRIGUEZ LOPEZ , GONZALO	MALE	VET-M	ASOCIACION DEPORTIVA C.A.R	02:38:16.203	+00:28:57.200	07:33 min/Km
34	6	233	LAGO RIOS , M. ALEJANDRO	MALE	VET-M	AMIGOS DA MONTANHA	02:38:20.963	+00:29:01.960	07:33 min/Km
35	29	129	BARREIRO MARTÍNEZ , JUAN ALBERTO	MALE	SENIOR-M		02:38:33.833	+00:29:14.830	07:34 min/Km
36	7	125	BARRAL VARELA , JUAN JESUS	MALE	VET-M	TRIBU TRAIL	02:39:06.843	+00:29:47.840	07:35 min/Km
37	30	201	GEFAELL BORRÁS , YAGO	MALE	SENIOR-M	INDEPENDIENTE	02:39:28.483	+00:30:09.480	07:36 min/Km
38	8	322	RODRÍGUEZ GONZÁLEZ , RAMON	MALE	VET-M	KORPOREARENTEIRO TRAIL	02:39:55.073	+00:30:36.070	07:37 min/Km
39	31	294	PÉREZ FERNÁNDEZ , ROBERTO	MALE	SENIOR-M	GRUPO CUEVAS NOGUEIRA TRAIL	02:40:42.323	+00:31:23.320	07:40 min/Km
40	32	215	GONZALEZ GONZALEZ , CESAR	MALE	SENIOR-M	RUNNING SPORT TRAIL	02:41:51.433	+00:32:32.430	07:43 min/Km
41	1	194	FERREIRO PEREZ , MARIA	FEMALE	SENIOR-F	GMTA&CHUVONERS	02:41:52.923	+00:32:33.920	07:43 min/Km
42	33	109	ALVAR LÓPEZ , PABLO	MALE	SENIOR-M	INDEPENDIENTE	02:42:20.113	+00:33:01.110	07:44 min/Km
43	1	362	CARRACEDO ESCARIZ , VICTOR	MALE	NOCAT		02:42:20.823	+00:33:01.820	07:44 min/Km
44	9	265	MINA , ABÍLIO	MALE	VET-M	EDV-VIANATRIL	02:42:21.593	+00:33:02.590	07:44 min/Km
45	34	198	FREIRÍA FERNÁNDEZ , BRUNO	MALE	SENIOR-M	INDEPENDIENTE	02:45:44.273	+00:36:25.270	07:54 min/Km
46	35	212	GONZÁLEZ BORRAJO , JOSÉ MANUEL	MALE	SENIOR-M	RUNNING SPORT TRAIL	02:45:56.443	+00:36:37.440	07:55 min/Km
47	36	280	PASC , BORJA	MALE	SENIOR-M	RUNNING SPORT TRAIL	02:46:21.783	+00:37:02.780	07:56 min/Km
48	37	336	SANAMRTIN REY , ISIDRO	MALE	SENIOR-M	PC TIRAMILLAS	02:46:35.073	+00:37:16.070	07:56 min/Km
49	10	208	GOMEZ GONZÁLEZ , ENRIQUE	MALE	VET-M	OS MOROSOS	02:48:29.093	+00:39:10.090	08:02 min/Km
50	38	361	VILASOA SILVA , JOSE FRANCISCO	MALE	SENIOR-M	SD BARBANTIA RODA	02:48:35.153	+00:39:16.150	08:02 min/Km
51	39	199	GABIAN , ARTURO	MALE	SENIOR-M	INDEPENDIENTE	02:48:36.043	+00:39:17.040	08:02 min/Km
52	11	288	PEREIRA IGLESIAS , JAVIER	MALE	VET-M	AROMON MONTAÑEIROS DE PONTEVEDRA A ROELO	02:48:53.283	+00:39:34.280	08:03 min/Km
53	40	101	ABALO CHOUZA , NARCISO	MALE	SENIOR-M	CDM VÉRTICE	02:49:03.103	+00:39:44.100	08:04 min/Km
54	41	121	ÁLVAREZ RODRÍGUEZ , RAMIRO	MALE	SENIOR-M	S.A.TREGA-TOMIÑO	02:49:56.593	+00:40:37.590	08:06 min/Km
55	42	320	RODRÍGUEZ FERREIRO , MIGUEL	MALE	SENIOR-M	GRUPO CUEVAS NOGUEIRA TRAIL	02:50:15.023	+00:40:56.020	08:07 min/Km
56	43	167	DIESTE REGADES , SERGIO	MALE	SENIOR-M	TRIBU TRAIL	02:51:02.403	+00:41:43.400	08:09 min/Km
57	44	206	GOMEZ GOMEZ , CARLOS	MALE	SENIOR-M	ATLETISMO MACEDA	02:51:09.343	+00:41:50.340	08:10 min/Km
58	45	230	JANEIRO CERDEIRA , JAVIER	MALE	SENIOR-M	KORPOREARENTEIRO TRAIL	02:51:29.693	+00:42:10.690	08:10 min/Km
59	12	177	ESTÉVEZ BARROS , MANUEL	MALE	VET-M	INDEPENDIENTE	02:53:10.933	+00:43:51.930	08:15 min/Km
60	46	350	TRONCOSO , PAKO KAMELA	MALE	SENIOR-M	CAMINHANTES DO CONDADO	02:53:47.803	+00:44:28.800	08:17 min/Km

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61	1	179	FABEIRO ROMERO , MARIA	FEMALE	VET-F	CDM VERTICE	02:53:57.253	+00:44:38.250	08:18 min/Km
62	13	241	LOSADA CONDE , DAVID	MALE	VET-M	CASTRO-TRAIL	02:54:57.053	+00:45:38.050	08:20 min/Km
63	14	257	MARTINEZ SILVEIRA , LUIS CLODOMIRO	MALE	VET-M	CDM VERTICE	02:55:07.083	+00:45:48.080	08:21 min/Km
64	15	202	GENDRE FERNANDEZ , JAVIER	MALE	VET-M	TARTARUGAS	02:55:09.103	+00:45:50.100	08:21 min/Km
65	2	310	REY PENELAS , ALBA	FEMALE	SENIOR-F	A.D. JARNACHAS	02:56:10.503	+00:46:51.500	08:24 min/Km
66	47	258	MARTÍNEZ VARELA , ALEJANDRO	MALE	SENIOR-M	A.D. JARNACHAS	02:56:12.633	+00:46:53.630	08:24 min/Km
67	3	140	CALVO DOPAZO , VERONICA	FEMALE	SENIOR-F	CDM VERTICE	02:56:28.343	+00:47:09.340	08:25 min/Km
68	16	228	IGLESIAS GONZALEZ , ANGEL	MALE	VET-M	CORREDOIRAS TRAIL	02:59:45.263	+00:50:26.260	08:34 min/Km
69	48	275	OLIVEIRA RODRÍGUEZ , DAVID	MALE	SENIOR-M	CAZAFANTASMAS TEAM	03:00:38.943	+00:51:19.940	08:37 min/Km
70	49	113	ALVAREZ GUTIERREZ , DAMIAN	MALE	SENIOR-M	CASTRO-TRAIL	03:00:38.983	+00:51:19.980	08:37 min/Km
71	17	120	ÁLVAREZ RODRIGUEZ , ABEL	MALE	VET-M		03:01:42.543	+00:52:23.540	08:40 min/Km
72	50	333	SALGADO TAPIA , ROBERTO	MALE	SENIOR-M	OBJETIVO TRAIL	03:01:42.823	+00:52:23.820	08:40 min/Km
73	51	112	ÁLVAREZ GIRÁLDEZ , FRAN	MALE	SENIOR-M		03:01:42.923	+00:52:23.920	08:40 min/Km
74	52	111	ÁLVAREZ DA SILVA , JOSÉ ANTONIO	MALE	SENIOR-M	CAZAFANTASMAS TEAM	03:02:28.613	+00:53:09.610	08:42 min/Km
75	18	304	PIÑA TEJEIRA , RAFAEL	MALE	VET-M	NTA-NEVER TRAIL ALONE	03:03:44.453	+00:54:25.450	08:45 min/Km
76	53	299	PÉREZ LADO , JOSÉ MANUEL	MALE	SENIOR-M	INDEPENDIENTE	03:03:48.833	+00:54:29.830	08:46 min/Km
77	19	274	NOVOA RODRÍGUEZ , MIGUEL ÁNGEL	MALE	VET-M	CLUB ATLETISMO PORRIÑO	03:03:54.283	+00:54:35.280	08:46 min/Km
78	20	317	RODRIGUEZ COSTAS , JESUS	MALE	VET-M		03:04:49.753	+00:55:30.750	08:49 min/Km
79	54	302	PÉREZ PÉREZ , IVÁN	MALE	SENIOR-M	OS TORAKKA	03:05:05.033	+00:55:46.030	08:49 min/Km
80	55	218	GONZÁLEZ MEIJIDE , LUIS	MALE	SENIOR-M	RUNNING SPORT TRAIL	03:05:19.063	+00:56:00.060	08:50 min/Km
81	56	311	RIOBÓ PORTO , JORGE	MALE	SENIOR-M	CORREDOIRAS TRAIL	03:05:20.543	+00:56:01.540	08:50 min/Km
82	57	192	FERNÁNDEZ VALLE , IÑAKI	MALE	SENIOR-M	GMTA&CHUVONERS	03:05:35.773	+00:56:16.770	08:51 min/Km
83	58	256	MARTINEZ RICO , BORJA	MALE	SENIOR-M	C.D.M. VÉRTICE	03:05:51.703	+00:56:32.700	08:52 min/Km
84	59	191	FERNÁNDEZ POUSA , VICTOR	MALE	SENIOR-M		03:06:19.323	+00:57:00.320	08:53 min/Km
85	21	323	RODRIGUEZ IGLESIAS , JAVIER	MALE	VET-M	GTMA & CHUVONERS	03:06:41.713	+00:57:22.710	08:54 min/Km
86	60	313	ROADE LAGO , DIEGO	MALE	SENIOR-M	JAYOMA TEAM	03:06:56.933	+00:57:37.930	08:55 min/Km
87	61	183	FERNANDEZ CARIDE , JUAMPY	MALE	SENIOR-M	JAYOMA TEAM	03:08:08.793	+00:58:49.790	08:58 min/Km
88	62	165	DIAZ PAZ , VICTOR	MALE	SENIOR-M	TRINORTH	03:08:18.843	+00:58:59.840	08:59 min/Km
89	22	300	PEREZ LAGO , CHIQUI	MALE	VET-M	CORREDOIRAS TRAIL	03:08:58.453	+00:59:39.450	08:60 min/Km
90	4	338	SIERPES PEREIRA , NATALIA	FEMALE	SENIOR-F	JAYOMA TEAM	03:09:12.123	+00:59:53.120	09:01 min/Km

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91	63	143	CAMPOS PEREZ , FABIAN	MALE	SENIOR-M	ULTRA LIFE TEAM	03:09:43.553	+01:00:24.550	09:03 min/Km
92	64	293	PÉREZ CASTIÑEIRA , GABRIEL	MALE	SENIOR-M		03:10:58.073	+01:01:39.070	09:06 min/Km
93	65	180	FARALDO VALLÉS , ANDRES	MALE	SENIOR-M	CLUB DE MONTAÑA TRIVES	03:11:19.433	+01:02:00.430	09:07 min/Km
94	66	287	PEREIRA , ROMAN	MALE	SENIOR-M	INDEPENDIENTE	03:11:22.533	+01:02:03.530	09:07 min/Km
95	67	209	GONÇALVES , VITOR	MALE	SENIOR-M	TROGLODITAS RUNNERS	03:11:25.083	+01:02:06.080	09:07 min/Km
96	23	189	FERNÁNDEZ MONTERO , SALADINO	MALE	VET-M	CAMINHATES DO CONDADO	03:11:40.363	+01:02:21.360	09:08 min/Km
97	68	221	GONZÁLEZ ROADE , JUAN	MALE	SENIOR-M	JAYOMA TEAM	03:11:47.793	+01:02:28.790	09:08 min/Km
98	5	149	CASAL DOMINGUEZ , SILVIA	FEMALE	SENIOR-F	GMTA&CHUVONERS	03:12:11.653	+01:02:52.650	09:10 min/Km
99	69	114	ÁLVAREZ JORGE , MOISÉS	MALE	SENIOR-M	CDM VERTICE	03:12:41.693	+01:03:22.690	09:11 min/Km
100	70	250	MARIÑO ALVAREZ , VALERIANO	MALE	SENIOR-M	AS LEBRES DE OIA	03:13:02.613	+01:03:43.610	09:12 min/Km
101	71	296	PEREZ GONZÁLEZ , DAVID	MALE	SENIOR-M		03:14:25.043	+01:05:06.040	09:16 min/Km
102	72	110	ÁLVAREZ CAEIRO , JORGE	MALE	SENIOR-M		03:14:30.633	+01:05:11.630	09:16 min/Km
103	2	340	SIMÕES , SUSANA	FEMALE	VET-F	EDV VIANA TRAIL	03:14:30.883	+01:05:11.880	09:16 min/Km
104	73	292	PEREZ BLANCO , ALVARO	MALE	SENIOR-M	CDM VERTICE	03:15:22.153	+01:06:03.150	09:19 min/Km
105	24	150	CASALEIRO FERNÁNDEZ , MANUEL	MALE	VET-M	CLUB ATLETISMO TORTUGAS	03:16:31.553	+01:07:12.550	09:22 min/Km
106	74	264	MILLARA ROLAN , FERNANDO	MALE	SENIOR-M	C.A.R. MARISQUEIRO	03:17:34.393	+01:08:15.390	09:25 min/Km
107	75	290	PEREIRO BARCIELA , MIGUEL	MALE	SENIOR-M		03:17:48.673	+01:08:29.670	09:26 min/Km
108	76	176	ESTEVEZ ALVAREZ , MAURO	MALE	SENIOR-M	OBJETIVO TRAIL	03:18:39.003	+01:09:20.000	09:28 min/Km
109	77	263	MILLÁN GONZÁLEZ , MARCOS	MALE	SENIOR-M		03:18:46.613	+01:09:27.610	09:28 min/Km
110	78	186	FERNANDEZ ESTEVEZ , VICTOR	MALE	SENIOR-M	CAZAFANTASMAS TEAM	03:20:21.923	+01:11:02.920	09:33 min/Km
111	79	364	PEREIRA PIÑEIRO , ROMAN	MALE	SENIOR-M	INDEPENDIENTE	03:20:49.633	+01:11:30.630	09:34 min/Km
112	80	153	CASTRO PEITEADO , LUIS	MALE	SENIOR-M	CDM VERTICE	03:20:52.107	+01:11:33.104	09:34 min/Km
113	25	272	NAVIA GARCIA , JAVIER	MALE	VET-M	CAZAFANTASMAS TEAM	03:21:53.303	+01:12:34.300	09:37 min/Km
114	81	210	GONZALEZ , JOSE MANUEL	MALE	SENIOR-M	INDEPENDIENTE	03:23:12.623	+01:13:53.620	09:41 min/Km
115	82	197	FRAGA RODRIGUEZ , MIGUEL	MALE	SENIOR-M		03:23:34.543	+01:14:15.540	09:42 min/Km
116	26	286	PENAVELLA RODRIGUEZ , ALEJANDRO	MALE	VET-M	CAMIÑANTES DO CONDADO	03:23:36.663	+01:14:17.660	09:42 min/Km
117	83	115	ALVAREZ LORENZO , DAVID	MALE	SENIOR-M		03:23:40.973	+01:14:21.970	09:42 min/Km
118	27	107	ALONSO SANCHEZ , JOSE	MALE	VET-M	INDEPENDIENTE	03:23:45.250	+01:14:26.247	09:43 min/Km
119	84	319	RODRIGUEZ FERNANDEZ , NICO	MALE	SENIOR-M	CANICROSS VIGO	03:23:52.493	+01:14:33.490	09:43 min/Km
120	85	305	PIÑEIROMALVIDO , MIGUEL ANGEL	MALE	SENIOR-M	INDEPENDIENTE	03:23:56.083	+01:14:37.080	09:43 min/Km

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121	86	268	MONTAÑA COSTAS , BERNARDO	MALE	SENIOR-M		03:23:57.043	+01:14:38.040	09:43 min/Km
122	87	185	FERNÁNDEZ CIDRAS , RENÉ	MALE	SENIOR-M	COUTADAS TRAIL TEAM	03:24:19.543	+01:15:00.540	09:44 min/Km
123	88	105	ALONSO PEREIRA , YAGO	MALE	SENIOR-M		03:24:42.863	+01:15:23.860	09:45 min/Km
124	28	346	TABOADA FÍRVIDA , MANUEL	MALE	VET-M		03:25:41.833	+01:16:22.830	09:48 min/Km
125	29	239	LOPEZ BARCO , PABLO ALFONSO	MALE	VET-M	INDEPENDIENTE	03:25:46.833	+01:16:27.830	09:48 min/Km
126	3	147	CARNERO CARDOSO , FANI	FEMALE	VET-F	CORNELIOS	03:25:52.053	+01:16:33.050	09:49 min/Km
127	30	344	SUAREZ MARTINEZ , ANGEL	MALE	VET-M		03:25:54.273	+01:16:35.270	09:49 min/Km
128	31	155	CEDEIRA MARCOTE , JOSÉ ÁNGEL	MALE	VET-M	CORNELIOS MONTAÑA	03:25:56.553	+01:16:37.550	09:49 min/Km
129	89	235	LEA PÉREZ , ESTEBAN	MALE	SENIOR-M		03:26:05.483	+01:16:46.480	09:49 min/Km
130	4	223	GONZALEZ VAZQUEZ , PILI	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	03:26:22.433	+01:17:03.430	09:50 min/Km
131	90	178	EXPOSITO GOMEZ , GUSTAVO	MALE	SENIOR-M	BAIONA	03:26:35.303	+01:17:16.300	09:51 min/Km
132	91	172	DOMINGUEZ PAZOS , CESAR	MALE	SENIOR-M		03:27:13.083	+01:17:54.080	09:53 min/Km
133	92	277	OUDE AARNINKHOF , LÉON	MALE	SENIOR-M	CLUB TRIATLO PORTOCOLOM HERBES TUNEL	03:28:05.133	+01:18:46.130	09:55 min/Km
134	93	170	DOMINGUEZ CRESPO , JORGE	MALE	SENIOR-M	CORNELIOS	03:28:05.393	+01:18:46.390	09:55 min/Km
135	94	154	CASTRO SOUTO , ALFONSO JAVIER	MALE	SENIOR-M	GMTA&CHUVONERS	03:28:46.523	+01:19:27.520	09:57 min/Km
136	95	291	PEREZ ALONSO , SANTIAGO	MALE	SENIOR-M	INDEPENDIENTE	03:29:12.763	+01:19:53.760	09:58 min/Km
137	96	298	PÉREZ IGLESIAS , RUBÉN	MALE	SENIOR-M	ATLETISMO BAIONA	03:29:50.673	+01:20:31.670	09:60 min/Km
138	97	254	MARTÍNEZ GONZÁLEZ , CÉSAR	MALE	SENIOR-M	C.A.R. MARISQUEIRO	03:29:55.013	+01:20:36.010	09:60 min/Km
139	32	246	MACHUCA JANINI , PABLO	MALE	VET-M		03:30:38.343	+01:21:19.340	10:02 min/Km
140	98	123	ANGUITA MASCHERPA , FEDERICO	MALE	SENIOR-M	LÓSTREGOS COIA	03:30:39.673	+01:21:20.670	10:02 min/Km
141	6	297	PÉREZ GONZÁLEZ , ELENA	FEMALE	SENIOR-F	LAMARGHA-AUTOTODO	03:30:41.803	+01:21:22.800	10:02 min/Km
142	99	158	CORDAL BARREIRO , IVAN	MALE	SENIOR-M	CLUB ATLETISMO CAMBADOS SEGUROS NOVAL	03:31:07.203	+01:21:48.200	10:04 min/Km
143	5	307	PRIETO , TRINI	FEMALE	VET-F	AD JARNACHAS	03:31:39.523	+01:22:20.520	10:05 min/Km
144	100	128	BARREIRO MACHADO , JOSÉ MANUEL	MALE	SENIOR-M	CLUB DE MONTAÑA FORMIGUEIROS	03:31:40.183	+01:22:21.180	10:05 min/Km
145	33	236	LEDO MARTINEZ , SANTIAGO	MALE	VET-M		03:31:42.263	+01:22:23.260	10:05 min/Km
146	7	229	INSUA ALONSO , SILVIA	FEMALE	SENIOR-F		03:32:45.833	+01:23:26.830	10:08 min/Km
147	101	145	CARDOSO ALONSO , ISAAC	MALE	SENIOR-M	INDEPENDIENTE	03:33:00.703	+01:23:41.700	10:09 min/Km
148	34	217	GONZALEZ MARTINEZ , AMALIO	MALE	VET-M	INDEPENDIENTE	03:33:05.393	+01:23:46.390	10:09 min/Km
149	102	271	MUÑIZ FERNÁNDEZ , JESÚS ANDRÉS	MALE	SENIOR-M	OS REVENTADOS	03:33:39.833	+01:24:20.830	10:11 min/Km
150	103	351	VALVERDE , ALBERTO	MALE	SENIOR-M		03:33:43.900	+01:24:24.897	10:11 min/Km

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151	35	354	VAZQUEZ , HENRIQUE	MALE	VET-M		03:34:35.863	+01:25:16.860	10:14 min/Km
152	104	203	GIL DOPAZO , RICARDO	MALE	SENIOR-M	CDM XESTEIRAS	03:35:02.533	+01:25:43.530	10:15 min/Km
153	36	267	MONJE GARCIA , RICARDO	MALE	VET-M	CAMINHANTES DO CONDADO	03:35:12.323	+01:25:53.320	10:15 min/Km
154	37	347	TOREA CONDE , FERNANDO	MALE	VET-M	TRAILEROS COSECHA DEL 75	03:35:23.413	+01:26:04.410	10:16 min/Km
155	8	168	DOIRO GONZÁLEZ , RAQUEL	FEMALE	SENIOR-F	ULTRA LIFE TEAM	03:35:23.733	+01:26:04.730	10:16 min/Km
156	9	159	COUTO GONZALEZ , CRISTINA	FEMALE	SENIOR-F	GTR- GALAICO TRAIL RUN	03:36:34.043	+01:27:15.040	10:19 min/Km
157	105	118	ÁLVAREZ PÉREZ , MITO	MALE	SENIOR-M	AS LEBRES DE OIA	03:36:58.143	+01:27:39.140	10:20 min/Km
158	38	341	SOUTO VEIGA , CARLOS	MALE	VET-M	AD JARNACHAS	03:37:33.003	+01:28:14.000	10:22 min/Km
159	106	243	LOUREIRO OTERO , PABLO	MALE	SENIOR-M	A.D. JARNACHAS	03:37:33.273	+01:28:14.270	10:22 min/Km
160	39	161	CUNHA , FERNANDO	MALE	VET-M	EDV VIANATRIL	03:38:27.063	+01:29:08.060	10:25 min/Km
161	107	136	BRENLLA FAJIN , SATIRO	MALE	SENIOR-M	TARTARUGAS	03:38:42.313	+01:29:23.310	10:25 min/Km
162	108	285	PAZOS GIRALDEZ , JORGE	MALE	SENIOR-M		03:39:22.083	+01:30:03.080	10:27 min/Km
163	40	190	FERNÁNDEZ OITABEN , JULIO	MALE	VET-M	XISTRA	03:39:46.043	+01:30:27.040	10:28 min/Km
164	109	342	SUÁREZ DA SILVA , DAVID	MALE	SENIOR-M	CANICROSS VIGO	03:40:57.503	+01:31:38.500	10:32 min/Km
165	41	131	BELLO FDEZ DE SANMAMED , MANUEL	MALE	VET-M	VIRXIGUIANOS TRAIL - SACHACAMIÑOS	03:42:21.383	+01:33:02.380	10:36 min/Km
166	110	237	LOMBA GONALEZ , MIGUEL	MALE	SENIOR-M	INDEPENDIENTE	03:44:30.163	+01:35:11.160	10:42 min/Km
167	42	238	LOMBA GONZÁLEZ , JOSÉ ANTONIO	MALE	VET-M		03:44:43.563	+01:35:24.560	10:43 min/Km
168	43	130	BARROS FERNANDEZ , JOSE MANUEL	MALE	VET-M	INDEPENDIENTE	03:45:37.863	+01:36:18.860	10:45 min/Km
169	111	253	MARTINEZ FANDIÑO , ADRIAN	MALE	SENIOR-M	ARMENTEIRA E PUNTO	03:45:38.453	+01:36:19.450	10:45 min/Km
170	6	279	PARENTE , SONIA	FEMALE	VET-F	EDV VIANA TRAIL	03:45:58.383	+01:36:39.380	10:46 min/Km
171	7	266	MIRANDA , ANA	FEMALE	VET-F	EDV VIANA TRAIL	03:45:58.433	+01:36:39.430	10:46 min/Km
172	112	104	ALONSO MARTÍNEZ , ÓSCAR	MALE	SENIOR-M		03:46:40.383	+01:37:21.380	10:48 min/Km
173	113	343	SUAREZ MARTINEZ , RAFAEL	MALE	SENIOR-M		03:46:52.943	+01:37:33.940	10:49 min/Km
174	114	330	RÚA ARCE , SANTIAGO	MALE	SENIOR-M	LÓSTREGOS COIA	03:47:23.913	+01:38:04.910	10:50 min/Km
175	10	273	NOGUEIRA GONZÁLEZ , FÁTIMA	FEMALE	SENIOR-F	GTR-GALAICO TRAIL RUN	03:47:27.673	+01:38:08.670	10:50 min/Km
176	44	124	ATANES IGLESIAS , JOSÉ ALBERTO	MALE	VET-M	RUN CARBALLIÑO	03:47:32.383	+01:38:13.380	10:51 min/Km
177	11	219	GONZÁLEZ MEIJIDE , ELENA	FEMALE	SENIOR-F	RUNNING SPORT TRAIL	03:50:56.473	+01:41:37.470	10:60 min/Km
178	115	102	AFONSO , MARCO	MALE	SENIOR-M	MELGAÇO ALVARINHO TRAIL TEAM	03:51:37.833	+01:42:18.830	11:02 min/Km
179	45	240	LÓPEZ SÁNCHEZ , JAIME	MALE	VET-M	VIRXIGUIANOS TRAIL - CLUB SACHACAMIÑOS	03:52:19.693	+01:43:00.690	11:04 min/Km
180	46	133	BOO REIRIZ , JOSE MARIA	MALE	VET-M	VIRXIGUIANOS TRAIL - CLUB SACHACAMIÑOS	03:52:19.873	+01:43:00.870	11:04 min/Km

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181	8	312	RIVEIRO GOMEZ , DORA	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	03:52:49.003	+01:43:30.000	11:06 min/Km
182	9	103	ALEJANDRE OJEA , CHUS	FEMALE	VET-F	KORPOREARENTEIRO TRAIL	03:52:49.523	+01:43:30.520	11:06 min/Km
183	116	175	ESTEVES , FRANCISCO	MALE	SENIOR-M	MELGAÇO ALVARINHO TRAIL TEAM	03:53:48.343	+01:44:29.340	11:09 min/Km
184	47	162	DAPENA TENORIO , JOSE LUIS	MALE	VET-M	CAZAFANTASMAS TEAM	03:55:50.403	+01:46:31.400	11:14 min/Km
185	117	327	RODRIGUEZ SEOANE , DAVID	MALE	SENIOR-M	INDEPENDIENTE	03:56:57.013	+01:47:38.010	11:18 min/Km
186	118	335	SALGUEIRO MATA , JOSE	MALE	SENIOR-M	CDM VERTICE	03:58:02.853	+01:48:43.850	11:21 min/Km
187	10	270	MORENO FERNÁNDEZ , MARGA	FEMALE	VET-F	CDM VÉRTICE	03:58:03.203	+01:48:44.200	11:21 min/Km
188	119	142	CAMPO CABALLERO , JOSE ENRIQUE	MALE	SENIOR-M	GATOS APESTOSOS	03:59:55.933	+01:50:36.930	11:26 min/Km
189	120	224	GRANDAL CHIVITE , GUILLERMO	MALE	SENIOR-M		04:00:41.633	+01:51:22.630	11:28 min/Km
190	121	301	PEREZ PAZOS , JORGE	MALE	SENIOR-M	CORNELIOS	04:00:41.953	+01:51:22.950	11:28 min/Km
191	48	276	OTERO GONZÁLEZ , JOSÉ CARLOS	MALE	VET-M	BURUNDI	04:01:17.493	+01:51:58.490	11:30 min/Km
192	122	348	TORRADO VIDAL , JOSE RAMON	MALE	SENIOR-M	S.D. BARBARTIA RODA	04:02:38.273	+01:53:19.270	11:34 min/Km
193	123	231	LAGO FREIRÍA , PACO	MALE	SENIOR-M	OS PELIQUEIROS	04:05:06.473	+01:55:47.470	11:41 min/Km
194	124	245	MACHADO , MIGUEL	MALE	SENIOR-M	AMIGOS DO EMPENO-TRAIL RUNNING	04:05:28.083	+01:56:09.080	11:42 min/Km
195	49	262	MILEGO FERNÁNDEZ , JUAN JOSÉ	MALE	VET-M	C.A.R. MARISQUEIRO	04:05:48.243	+01:56:29.240	11:43 min/Km
196	50	308	REIGADA QUINTELA , FERNANDO	MALE	VET-M	CHUZAS OLIMPICOS	04:08:29.233	+01:59:10.230	11:50 min/Km
197	12	181	FERNANDEZ BLANCO , LORENA	FEMALE	SENIOR-F	AD MONTEBRONDO	04:09:46.483	+02:00:27.480	11:54 min/Km
198	125	127	BARREIRO LOPEZ , RAFA	MALE	SENIOR-M	CDM VERTICE	04:10:45.263	+02:01:26.260	11:57 min/Km
199	126	251	MARQUE RUIBAL , JOSÉ ANTONIO	MALE	SENIOR-M	CDM VERTICE	04:10:45.373	+02:01:26.370	11:57 min/Km
200	127	234	LAGOS PEREIRO , ANTONIO	MALE	SENIOR-M	CDM VERTICE	04:10:45.463	+02:01:26.460	11:57 min/Km
201	128	345	SUÁREZ RODRÍGUEZ , DAVID	MALE	SENIOR-M		04:10:46.313	+02:01:27.310	11:57 min/Km
202	51	204	GIRÁLDEZ GIRÁLDEZ , LUIS	MALE	VET-M		04:11:25.773	+02:02:06.770	11:59 min/Km
203	129	358	VÍDEOS LOMBA , JOSÉ LUIS	MALE	SENIOR-M	MORCEJ@S TEAM	04:12:44.003	+02:03:25.000	12:03 min/Km
204	130	315	RODRÍGUEZ , LUIS	MALE	SENIOR-M	MORCEJ@S TEAM	04:12:44.043	+02:03:25.040	12:03 min/Km
205	11	216	GONZÁLEZ GONZÁLEZ , LORENA	FEMALE	VET-F	MORCEJ@S TEAM	04:12:44.153	+02:03:25.150	12:03 min/Km
206	131	106	ALONSO RODRÍGUEZ , FRANCISCO JAVIER	MALE	SENIOR-M	MORCEJ@S TEAM	04:12:44.273	+02:03:25.270	12:03 min/Km
207	132	306	PIO GONZALEZ , MIGUEL ANGEL	MALE	SENIOR-M	CAZAFANTASMAS TEAM	04:13:19.263	+02:04:00.260	12:04 min/Km
208	133	359	VIEITEZ CAMPOS , DAVID	MALE	SENIOR-M	INDEPENDIENTE	04:13:52.203	+02:04:33.200	12:06 min/Km
209	52	205	GOMEZ , FERNANDO	MALE	VET-M	INDEPENDIENTE	04:25:00.483	+02:15:41.480	12:38 min/Km
210	53	156	CHAN , JOSE	MALE	VET-M	AD JARNACHAS	04:25:01.153	+02:15:42.150	12:38 min/Km

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211	54	138	CABALEIRO , CARLOS	MALE	VET-M		04:26:22.923	+02:17:03.920	12:42 min/Km
212	134	182	FERNÁNDEZ BOULLOSA , HUMBERTO	MALE	SENIOR-M	CAMINHANTES DO CONDADO	04:26:22.973	+02:17:03.970	12:42 min/Km
213	13	337	SANZ BARCIELA , MARTA	FEMALE	SENIOR-F		04:26:23.453	+02:17:04.450	12:42 min/Km
214	135	200	GARCIA , JAVIER	MALE	SENIOR-M	CAMINHATES DO CONDADO	04:26:23.913	+02:17:04.910	12:42 min/Km
215	136	164	DE SAA SEARA , ADRIÁN	MALE	SENIOR-M	RUNNING SPORT TRAIL	04:29:39.893	+02:20:20.890	12:51 min/Km
216	12	196	FRAGA MARTÍNEZ , MONTSERRAT	FEMALE	VET-F	AD JARNACHAS	04:29:48.063	+02:20:29.060	12:51 min/Km
217	137	225	GRAÑA BUGALLO , ALADINO	MALE	SENIOR-M	BURUNDI	04:29:54.003	+02:20:35.000	12:52 min/Km
218	13	356	VAZQUEZ CASEIRO , BELEN	FEMALE	VET-F	CLUB ATLETISMO CHANTADA	04:32:20.913	+02:23:01.910	12:59 min/Km
219	14	166	DIEGUEZ LOPEZ , MARTA	FEMALE	SENIOR-F	CLUB ATLETISMO CHANTADA	04:32:21.003	+02:23:02.000	12:59 min/Km
220	14	295	PEREZ FONTENLA , BEGOÑA	FEMALE	VET-F	CAZAFANTASMAS TEAM	04:37:19.223	+02:28:00.220	13:13 min/Km
221	55	116	ÁLVAREZ PEREIRA , ROBERTO	MALE	VET-M	OS PELIQUEIROS	04:49:28.923	+02:40:09.920	13:48 min/Km
222	138	353	VARELA AMIGO , JUAN JESÚS	MALE	SENIOR-M	GTR- GALAICO TRAIL RUN	04:53:50.873	+02:44:31.870	13:60 min/Km
223	139	135	BRENLLA CASTIÑEIRA , JAVIER	MALE	SENIOR-M	AD MONTEBRONDO	05:02:25.903	+02:53:06.900	14:25 min/Km
224	140	255	MARTINEZ NIEVES , VICTOR	MALE	SENIOR-M	CAZAFANTASMAS TEAM	05:21:15.223	+03:11:56.220	15:18 min/Km
225	141	316	RODRIGUEZ MAGLIA , CARLOS	MALE	SENIOR-M		05:21:16.823	+03:11:57.820	15:18 min/Km